



### Caroline Apovian, MD, FACN

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Caroline M. Apovian, MD, FACN, is the director of the Nutrition and Weight Management Center and co-director of the Nutrition and Metabolic Support Service at Boston University Medical Center. She also serves as the director of clinical research at the Obesity Research Center of Boston University Medical Center and is an associate professor of medicine at Boston University School of Medicine. Apovian is also a principal investigator for the Centers for Obesity Research and Education (CORE) in New England. She has been an active member of the Boston Obesity Research Nutrition Center (BONRC) for over three years.

Apovian was recently awarded the Physician Nutrition Specialist Award given by the American Society of Clinical Nutrition to advance nutrition education to doctors and medical students. She served as the medical director of the Program for Weight Management, Division of Metabolic Support Service, at Brigham and Women's Hospital/Harvard Medical School from 1998 to 2000, and was the director of Weight Management and Nutritional Medicine at Spence Centers for Women's Health from 1996 to 2000. Before moving to Boston, she was the director of the High Risk Obesity Clinic and the director of Nutrition Support Fellowship at the Geisinger Medical Center in Danville, Pa.

Apovian has been published widely in the form of original papers, abstracts, reviews, and book chapters on nutrition, obesity, and nutrition support for hospitalized patients. She serves as manuscript reviewer/editor for several journals including *Obesity Research*, *The New England Journal of Medicine*, the *American Journal of Clinical Nutrition*, the *Journal of Parenteral and Enteral Nutrition*, and *Nutrition in Clinical Practice*.

Apovian serves as nutrition consultant to NASA and has been selected to participate in clinical status evaluation workshops to develop the nutrition program for astronauts on future long-term space missions.

She received her MD from the University of Medicine and Dentistry of New Jersey in 1985. She completed her residency in internal medicine at New England Deaconess Hospital, where she was also a fellow in nutrition support.